

## PALM PAN ASIA ALLERGENS

The purpose of this chart is to show what allergenic ingredients are contained in each dish. Those marked with 'X' contain the specific allergenic ingredient. Please note: Whilst we try our best to ensure your food is suitable to you, our dishes are prepared and cooked in areas in which allergenic ingredients (including nuts) are present; we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process.

\*Variations on the Non Gluten and Vegetarian menus are made with non-gluten and vegetarian substitutes where required.  
If there is a dish you would like, we may be able to do the dish without some of the ingredients, please ask if this is possible.

Category	Dish	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	MSG	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
Starter & Salad	Mixed Starter	x	x	x	x	x			x	x		x		x	
Starter & Salad	Mixed Satay Trio	x	x	x		x		x			x	x		x	
Starter & Salad	Chicken Satay		x					x			x	x		x	
Starter & Salad	Ck Spring Rolls	x	x											x	
Starter & Salad	Money Bags	x	x			x								x	
Starter & Salad	Thai Beef Salad	x				x									
Starter & Salad	Duck Spring Rolls	x	x						x				x	x	
Starter & Salad	Roast Duck Canapés	x				x								x	
Starter & Salad	Chicken Wings														
Starter & Salad	Steamed Dumplings		x							x			x	x	
Starter & Salad	Panko Fish Cakes			x	x	x									
Starter & Salad	Honey & Wasabi King Prawn		x	x	x								x		
Starter & Salad	King Pr Mango Salad	x													
Starter & Salad	Mekong Scallops	x		x		x									
Starter & Salad	Calamari Ko Phi Phi		x						x	x					
Starter & Salad	Thai Steamed Mussels			x					x						
Starter & Salad	Crab Cakes														
Starter & Salad	Papaya Salad					x									
Starter & Salad	Corn Cakes		x	x	x										
Starter & Salad	Vegetarian Spring Rolls	x	x												
Starter & Salad	Lunch Spring Roll		x										x		
Starter & Salad	Prawn Crackers		x	x						x					
Starter & Salad	Vegetarian Sharing Platter	x	x	x										x	
Starter & Salad	Vegetable Tempura		x												
Starter & Salad	Soft Shell Crab														
Starter & Salad	Thai Beef Salad														
Starter & Salad	Crispy Duck Salad														
Starter & Salad	Papaya Salad														
Soups	Prawn Tom Yum			x		x		x		x				x	
Soups	Chicken Tom Yum			x		x		x		x				x	





PALM PAN ASIA ALLERGENS MENU 2017

Category	Dish	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	MSG	Nuts	Peanuts	Sesame Seed	Soya	Sulphur Dioxide
Stir fry	Tofu Massaman										x				
Stir fry	Tofu Nueng														
Stir fry	Stirfried Aubergine and Basil													x	
Stir fry	Stir Fry Spinach														
Stir fry	Potatoes														
Rice & Noodle	Jasmine Rice														
Rice & Noodle	Sticky Rice														
Rice & Noodle	Egg Fried Rice				x					x					
Rice & Noodle	Coconut Rice												x		
Rice & Noodle	Pineapple Rice														
Rice & Noodle	Nasi Goreng				x									x	
Rice & Noodle	Veg Pad Thai				x							x		x	
Rice & Noodle	Prawn Pad Thai			x	x	x						x			
Rice & Noodle	Chicken Pad Thai				x	x						x			
Rice & Noodle	Veg Egg Noodle				x									x	
Rice & Noodle	Plain Noodle with Egg				x									x	
Rice & Noodle	Stir Fry Noodle with Beansprouts				x									x	
Rice & Noodle	Singapore Noodles				x									x	
Sauces & Ingredients	Dipping Sauce								x				x	x	
Sauces & Ingredients	Fish Sauce					x									
Sauces & Ingredients	Soy sauce		x											x	
Sauces & Ingredients	Sweet Chilli Sauce														
Sauces & Ingredients	Hot and Sour Chilli Sauce														
Sauces & Ingredients	Chilli In Oil											x		x	
Sauces & Ingredients	Sesame Oil												x	x	
Sauces & Ingredients	Dark Soy Sauce													x	
Sauces & Ingredients	Chinkiang Vinegar		x												
Sauces & Ingredients	Carnation Evaporated Milk							x							
Sauces & Ingredients	Ketchup														
Desserts	Mango							x							
Desserts	Green Tea														
Desserts	Ginger Cheese Cake														
Desserts	Vanilla														
Desserts	Coconut														
Desserts	Duo Chocolate Shot		x		x			x			x			x	x
Desserts	Saffron Cheesecake Shot		x		x			x							x
Desserts	Pistachio shot		x		x			x			x			x	x
Desserts	Mango Passion Cheesecake		x		x			x						x	x
Desserts	Milk Chocolate Truffle		x		x			x						x	x